

SPECTORATE CULTURE EXAMINATION: COLLECTION INSTRUCTIONS

- 1) The sample must be collected in a sterile plastic container with a screw cap and a wide mouth
- 2) It is preferable to collect the sample in the morning, on an empty stomach and after careful oral hygiene
- 3) Remove any dentures
- 4) Collect the sputum after one or more coughs: the sputum must come from the lower airways and must not be contaminated by saliva
- 5) Collect a sample quantity of at least 2-3 mL
- 6) Write Surname Name on the container label
- 7) Store the sample in the refrigerator until delivery
- 8) If the medical prescription requires research on 3 samples, the collections must be carried out on 3 consecutive mornings

Delivery times: Sampling Room, Ground Floor: Mon.-Fri. 08:00-09:30