## Istituto di Ricovero e Cura a Carattere Scientifico HEALTH AND SCIENCE ON AGING

## Presidio Ospedaliero di Casatenovo

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## URINE CYTOLOGICAL EXAM: INSTRUCTIONS FOR COLLECTION

- 1) Perform a normal cleaning of the genitals before urinating
- 2) Fasting is not necessary
- 3) Urinate once in the morning without collecting the urine
- 4) Collect the second urine of the morning (discarding the first jet) in one of the containers provided in the kit
- 5) Store the sample at room temperature, NOT in the refrigerator
- 6) Write your name, surname and date on the label on the wall of the test tube and place it in the package
- 7) Proceed with the same procedure for the following 2 days
- 8) On the third day, deliver the three urine samples collected on three consecutive days

Delivery times: Sampling room, Ground Floor Mon.-Fri. 08:00-09:30

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