

## **CYTOLOGICAL EXAMINATION OF SPUTUM: INSTRUCTIONS FOR COLLECTION**

- 1) Thoroughly brush your teeth and rinse your mouth with saline solution or mouthwash
- 2) Collect the morning sputum for three consecutive days. The sample suitable for a cytological diagnosis must come from the deep bronchial branches
- 3) After a few deep breaths, induce repeated coughing fits and spit the material into the appropriate container
- 4) Write your name, surname and date on the label on the wall of the container
- 5) Store the sample at room temperature
- 6) In case of poor expectoration, it is advisable to perform a hot/humid aerosol with sodium chloride solution (water and table salt)
- 7) On the third day, deliver all three samples to the secretariat of the facility

N.B. Do not ingest the fixative contained in the test tubes

Delivery times: Sampling room, Ground Floor Mon.-Fri. 08:00-09:30